

Adult Volunteer Release of Liability Form

Please read before signing, as this constitutes the agreement as a volunteer and the understanding of your working relationship as a volunteer with First Methodist Houston and Hope Disaster Recovery (HDR) Network.

I, the Volunteer, desire to work as a volunteer for First Methodist Houston and the HDR NETWORK and engage in activities related to cleanup and/or construction work related to disaster relief. I hereby freely and voluntarily, without duress, execute this Waiver under the following terms:

I. Waiver and Release

I, the Volunteer, on behalf of myself, my estate and my heirs, release and forever discharge and hold harmless First Methodist Houston and HDR NETWORK and their successors and assigns from any and all liability, claims and demands of whatever kind or nature, either in law or in equity, which arise or may hereafter arise from my volunteer work with First Methodist Houston and HDR NETWORK and any travel or lodging associated therewith.

I understand and acknowledge that this Waiver discharges First Methodist Houston and HDR NETWORK from any liability or claim, or claim for damages that I, the Volunteer, may have against First Methodist Houston and HDR NETWORK with respect to bodily injury, personal injury, illness, death, or property damage or theft that may result from my participation on First Methodist Houston and HDR NETWORK work site, including any damages which may be caused by or arise from First Methodist Houston and HDR NETWORK's negligence. I also understand that First Methodist Houston and HDR NETWORK do not assume any responsibility for or obligation to provide financial assistance or other assistance, including but not limited to medical, health or disability insurance, in the event of injury, illness, death or property damage or theft.

II. Medical Treatment Consent and Waiver

I, the Volunteer, hereby authorize First Methodist Houston and HDR NETWORK to provide me with first aid and, through medical personnel of its choice, medical assistance, transportation, and emergency medical services (collectively, "Medical Treatment") should an emergency arise. This consent shall in no way impose a duty upon First Methodist Houston and HDR NETWORK to provide such Medical Treatment. Furthermore, I understand that I am responsible for all cost associated with any such Medical Treatment and I waive and release any claims against First Methodist Houston and HDR NETWORK arising out of any Medical Treatment, including the lack or timing thereof, made in connection with my volunteer activities with First Methodist Houston and HDR NETWORK.

III. Assumption of the Risk

I, the Volunteer, have chosen to travel to the work site, and understand that volunteering with First Methodist Houston and HDR NETWORK entails a risk of physical injury, and often involves hard physical labor, heavy lifting, and other strenuous activity; and that some activities may take place on ladders and building framing other than ground level. I certify that I am in good health and am physically able to perform this type of work and understand that I am volunteering for First Methodist Houston and HDR NETWORK at my own risk. I hereby expressly and specifically assume the risk of injury or harm in my volunteer work with First Methodist Houston and HDR NETWORK and release First Methodist Houston and HDR NETWORK from all liability for injury, illness, death, or personal damage resulting from the activities of my volunteer work with First Methodist Houston and HDR NETWORK.

IV. Medial Release

I, the Volunteer, grant and convey unto First Methodist Houston and HDR NETWORK all right, title, and interest in any and all photographic images and video or audio/digital recordings made by First Methodist Houston and HDR NETWORK, including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings. I further consent that my name and identity may be revealed therein or by descriptive text or commentary.

V. Agreement Regarding Accommodations

In the event that First Methodist Houston and HDR NETWORK arranges accommodations, I, the Volunteer, understand that First Methodist Houston and HDR NETWORK is not responsible or liable for my personal effects and property and that First Methodist Houston and HDR NETWORK will not provide lock up or security for any items. I will hold First Methodist Houston and HDR NETWORK harmless in the event of theft or for loss resulting from any source or cause. I further understand that I am to abide by all rules and regulations that may be in effect for the accommodations at that time.

VI. Agreement to Abide by Safety Precautions

In connection with my volunteer work with First Methodist Houston and HDR NETWORK, I hereby acknowledge and agree to abide by the safety precautions outlined below:

1. Ask your site supervisor where the first aid kit is located.
2. If you have an accident or injury, report it immediately to your site supervisor.
3. Stay hydrated and take breaks as needed.
4. Make sure to eat your lunch. You need your energy!
5. Make sure you are properly trained on the tools you are using. If you are not sure about how to use a tool or have a question, ask your site supervisor.
6. Always be aware of your surroundings. If you are swinging a tool, make sure there is no one within hitting distance.
7. Please clean up after yourself and others. The work site should always be clear of debris. Additionally, the last 30 minutes of each workday is dedicated to clean up time.
8. When using utility knives, saws and other sharp objects, cut away from yourself and others.
9. Remember ladder and bench safety: the ladder or bench should be in a locked position on stable ground. For added protection, have a spotter on the ground next to you.
10. When lifting heavy objects, use your legs and keep your back straight.
11. Know your limits! If you are not comfortable doing something, talk to your site supervisor. They are happy to assist you or give you a new task.
12. If there is a medical emergency call 911. *Please make sure you know the address of your work site's location.*

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I agree to terms and services as stated above

Print Full Name: _____

Signature: _____

Date: _____